


# evolutionfernie.com Studio Yoga Schedule (Winter 2021)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00AM			Hatha Anna P		Hatha Anna P		Hatha Madi B
5:15PM	Yin Kim M	Hatha Kim M	Hatha Johanna W	Yin-Yang Kim M	Hatha Johanna W		
7:00PM		Hatha Lacey L	Yin-Yang Margaret F	Hatha Lacey L	Yin-Yang Margaret F		

## ♥ NEW PROVINCIAL GUIDELINES IN EFFECT, PLEASE READ CAREFULLY:

- ✓ **Online Registration** begins at 7:30AM the DAY BEFORE the class; (No advanced reservations)
- ✓ Registration is *online* thru **evolutionfernie.com** or *in person only*; No phone call registration.
- ✓ Classes are 1-hour duration. Extended break between classes for cleaning and participant changeover.
- ✓ All Participants are to proceed directly into the Studio upon arrival (*Instructor has digital participant checklist*)
  - ✓ Arrive PREPARED in yoga suitable clothing; limited changeroom availability
  - ✓ Yoga mats provided and pre-placed, you are encouraged to bring your own mat to place on top
  - ✓ Arrive **10 minutes prior to class start time**. Late arrivals will be denied entry.
- ✓ Class participant size is limited to: **10 Participants**. (*8ft distancing between participants*)
  - ✓ Minimize IN-OUT movement: Once in the Studio, stay in your location for duration of class.
- ✓ **No-show's** and **Last-Minute Cancellations** (*within 2-hours of class start time*) will be charged a **\$5 No-Show Fee**.
- ✓ **Masks to be worn** within facility (*may be removed during class Provincial Guidelines permitting*)
- ✓ Ceiling mounted *Yoga Panels*® IR heaters will only be used if needed to heat studio to 'Room Temperature'
- ✓ Instructor availability and class schedule may change at any time, please see online calendar for weekly availability