

Staff Opportunities

3 ways to join our team...



1. Front Desk Staff: Scheduled Weekly Shifts

Front Desk Staff are responsible for reception, customer service, entry control, membership/visitor sales, new client registration, tanning services and general facility cleanliness & organization. We offer above-standard wages, enthusiastic workplace, quarterly bonus plan & facility access.

Front Desk Leader: *One/shift, Additional office and admin duties*

AM: Mon–Thurs 8am–3pm; Flex Fri 10am–6pm

PM: Mon–Thurs 1–8pm; Flex Fri 10am–6pm

Wknd: Sat–Sun 10am–6pm; Flex Fri 10am–6pm

Front Desk Support

AM: Mon–Thurs 8am–3pm; Flex Fri 10am–6pm

PM: Mon–Thurs 1–8pm; Flex Fri 10am–6pm

Front Desk Student

1: Sat 10am–2pm; Sun 2pm–6pm

2: Sat 2pm–6pm; Sun 10am–2pm

3: Pick-Up Casual: Backup for 1 & 2

Students also pickup Mon–Thurs 3:30pm–8pm, 'No-School Friday' Shifts, Winter Stat Holidays, Additional Summer shifts.

2. Group Fitness Leaders: Scheduled Weekly Classes and Substitute Only

Must be certified. Our Group Fitness Schedules are set for fixed terms but substitute only instructors are ALWAYS NEEDED:

Fall: Sept–Dec

Winter: Jan–Mar

Spring: April–May

Summer Break: June–Aug, No classes.

AM Classes: Mon–Thurs; 9:15am–10:15am & 10:30am–11:30am

PM Classes: Mon–Thurs; 5:15pm–6:15pm & 6:30pm–7:30pm

Wknd Classes: Sat AM 10:30am–11:30am & Sun PM 4:30pm–5:30pm

Current Class Options: Yoga (Relax, Recharge, Recovery); Lifestyle: Core, Pilates, Barre; Spin & Spin-FIT

Reach out anytime and let us know your certifications and availability.

3. Kinesiologist Trainers – Per Client

Must be Registered Kinesiologist. *Sessions Offered:* Personal & Rehab Training, Sports Performance Conditioning, Youth Orientations, Small Group Training (2-4 People),

See Switchback Strength & Conditioning website for more info.